

Breakfast

served all day

build-your-own.

Omelette or two eggs with two slices of toast R 50

+ bacon / avo R 28 (portion)

+ beef sausages R 35 (portion)

+ mushrooms / spinach / cheddar / sliced tomatoes / feta / caramelized onions / sun-dried tomatoes / jalapeños / baby tomatoes / cream cheese / hash brown R 20 (portion)

hashbrowns.

Hashbrown Breakfast R 90

A tower of two crispy hash browns with caramelized onion, two rashers of bacon & a poached egg.

Hashbrown Supreme R 135

Crispy hash browns topped with smoked trout, two poached eggs, fresh avocado, and a dollop of sour cream.

avo breakfast R 95

Two slices of toasted ciabatta topped with creamy avocado, grilled tomatoes, poached eggs, and fresh baby spinach, all drizzled with garlic-infused oil.

apple-cinnamon oats. R 80

Warm cinnamon oats, crowned with a sweet maple apple compote and sprinkled with toasted almonds.

veg stacker. *Vegans* R 100

a selection of grilled vegetables, served with avocado.

+ poached egg / slice of toast R 14

custom omelettes.

Veg Omelette R 100

Two egg omelette stuffed with veggies of the day & a choice of cheddar, cream cheese or feta.

Trout Omelette R 135

A two egg omelette filled with smoked trout & cream cheese. Served with two slices of toast.

our benedicts.

CanD's R 120

Toasted ciabatta topped with bacon, grilled tomatoes & two poached eggs. Smothered with freshly-made hollandaise sauce.

Royal R 135

Ciabatta topped with smoked trout, spring onion, two poached eggs & our famous hollandaise sauce.

burrito. R 115

Bacon, cheesy chilli scrambled eggs, roasted cherry tomatoes and mushrooms wrapped in a grilled flour tortilla. Switch to spinach as a vegetarian option.

bec open sandwich. R 120

Two slices of toast topped with four rashers of crispy bacon, cheddar cheese & two fried eggs.

croissants.

Plain R44

Jam & Cheese R 70

Nutella R 70

Scrambled eggs & bacon R 85

Scrambled eggs, tomato & spinach R 85

pancakes.

Bacon, mushroom & cheddar R 60

Chicken mayo R 60

Spinach, feta & mushroom R 60

Bacon & banana R 45

Nutella R 45

Classic cinnamon pancakes (2) R 30

Wi-Fi Password:

FoodMadeWithLove

If toast is specified, you have a choice of white or brown. For a gluten-free option, replace toast with grilled aubergine, baby marrows or tomatoes. Eggs: fried, poached or scrambled. Please inform us of any dietary restrictions. Prepared in a kitchen that uses seeds & nuts. 10% gratuity added on groups of 8 or more.

Lunch

from 11:00

toasted sandwiches.

Chicken mayo	R 85
Cheddar & tomato	R 65
Cheddar & bacon	R 75
Bacon, cheddar & egg	R 90

bakes & salads.

Quiche / Chicken Pie	R 50
Spanakopita	R 40
Side Chips	R 35
Bowl of Chips	R 45

Salads	S R 35	M R 50	L R 65
Green / Greek / Asian Coleslaw / Mayo Coleslaw / Spinach, sun-dried tomato & seeds			

bacon & cheese burger. R 150

A hand-made beef patty, topped with bacon, melted cheddar cheese & BBQ sauce on a bed of mixed leaves, tomato & red onion. Served with hand-cut chips.

fish & chips. R 125

Beer-battered hake served with tar-tare sauce and a lemon wedge. Served with hand-cut chips.

chicken & avo salad. R 105

A generous green salad topped with grilled chicken and avo. Served with our red wine vinaigrette.

vegan burger. R 110

Burger topped with grilled baby marrow & aubergine on a artisanal bun with sun-dried tomatoes, baby spinach & red onion. Served with hand-cut chips.

trout supreme. R 160

A open sandwich topped with cream cheese, slices of smoked trout, cucumber & avocado. Finished off with a drizzle of garlic-infused oil.

veggie delight. R 120

Slices of toast decked with grilled aubergine, slices of tomato, peppers, spinach & caramelized onions.

Drinks

coffee.

	regular	large
Espresso	R 27	R 30
Cortado	R 30	R 33
Americano	R 33	R 38
Cappuccino / Flat White	R 38	R 42
Café Latte / Chai Latte		R 45
Dirty Chai		R 55
Hot Chocolate / Mochaccino		R 45
+ Red Espresso / Decaf	R 15	
+ Plant-based milk	R 15	

teas. R 35

Rooibos / Ceylon / Earl Grey

home-made. R 45

Iced Coffee / Rooibos (with honey & lemon) / Fresh Red

sodas.

Coke / Coke 0 / Sprite / Fanta / R 33

Cream Soda

Appetizer / Red Grapetizer / Ice Tea R 44

fresh juices. R 60

Apple / Apple & Carrot / Green / OJ (in season)

milkshakes. R 60

Strawberry / Chocolate / Peanut Butter / Coffee

Blueberry & buttermilk / Vanilla / Banana

smoothies / crushers. R 60

Strawberry / Mixed Berry / Blueberry / Banana /

Peanut Butter & Banana

All our milkshakes, smoothies & crushers are made with real fruit. May contain banana and/or honey. Smoothies & crushers can be made to be vegan friendly.

If toast is specified, you have a choice of white or brown. We try to remove the bones from all dishes, but small bones may remain. Please inform us of any dietary restrictions. 10% gratuity added on groups of 8 or more. MORE SERVICES: FREEZER MEALS | FUNCTIONS | CATERING | CORPORATE LUNCHES