

# Breakfast

served all day

build-your-own.

Omelette or two eggs with  
two slices of toast R 55

+ bacon / avo R 30  
/portion

+ beef sausages R 35  
/portion

+ mushrooms / spinach / cheddar /  
sliced tomatoes / feta / caramelized  
onions / sun-dried tomatoes /  
jalapeños / baby tomatoes /  
cream cheese / hash brown R 20  
/portion

hashbrowns.

Hashbrown Breakfast R 95

A tower of two crispy hash browns with  
caramelized onion, two rashers of bacon & a  
poached egg.

Hashbrown Supreme R 150

Crispy hash browns topped with smoked trout, two  
poached eggs, fresh avocado, and a dollop of sour  
cream.

avo breakfast. R 100

Two slices of toasted ciabatta topped with  
creamy avocado, grilled tomatoes, poached  
eggs, and fresh baby spinach, all drizzled with  
garlic-infused oil.

apple-cinnamon oats. R 85

Warm cinnamon oats, crowned with a sweet  
maple apple compote and sprinkled with toasted  
almonds.

veg stacker. *Vegan* R 105

a selection of grilled vegetables,  
served with avocado.

+ poached egg / slice of toast R 14

custom omelettes.

Veg Omelette R 100

Two egg omelette stuffed with veggies of the day  
& a choice of cheddar, cream cheese or feta.

Trout Omelette R 150

A two egg omelette filled with smoked trout &  
cream cheese. Served with two slices of toast.

our benedicts.

CanD's R 120

Toasted ciabatta topped with bacon, grilled  
tomatoes & two poached eggs. Smothered with  
freshly-made hollandaise sauce.

Royal R 145

Ciabatta topped with smoked trout, spring onion,  
two poached eggs & our famous hollandaise sauce.

burrito. R 120

Bacon, cheesy chilli scrambled eggs, roasted  
cherry tomatoes and mushrooms wrapped in a  
grilled flour tortilla. Switch to spinach as a  
vegetarian option.

bec open sandwich. R 125

Two slices of toast topped with four rashers of  
crispy bacon, cheddar cheese & two fried eggs.

croissants.

Plain R 45

Jam & Cheese R 70

Nutella R 70

Scrambled eggs & bacon R 90

Scrambled eggs, tomato & spinach R 90

pancakes.

Bacon, mushroom & cheddar R 65

Chicken mayo R 65

Spinach, feta & mushroom R 65

Bacon & banana R 55

Nutella R 55

Classic cinnamon pancakes (2) R 35

WI-FI Password:

FoodMadeWithLove

# Lunch

from 11:00

toasted sandwiches.

Chicken mayo	R 90
Cheddar & tomato	R 65
Cheddar & bacon	R 80
Bacon, cheddar & egg	R 90

bakes & salads.

Quiche / Chicken Pie	R 50
Spanakopita	R 40
Side Chips	R 35
Bowl of Chips	R 45

Salads **S** R 35 **M** R 50 **L** R 65

Green / Greek / Asian Coleslaw / Mayo Coleslaw /  
Spinach, sun-dried tomato & seeds

bacon & cheese burger. R 150

A hand-made beef patty, topped with bacon, melted cheddar cheese & BBQ sauce on a bed of mixed leaves, tomato & red onion. Served with hand-cut chips.

fish & chips. R 125

Beer-battered hake served with tar-tare sauce and a lemon wedge. Served with hand-cut chips.

chicken & avo salad. R 105

A generous green salad topped with grilled chicken and avo. Served with our red wine vinaigrette.

vegan burger. R 110

Burger topped with grilled baby marrow & aubergine on a artisanal bun with sun-dried tomatoes, baby spinach & red onion. Served with hand-cut chips.

trout supreme. R 160

A open sandwich topped with cream cheese, slices of smoked trout, cucumber & avocado. Finished off with a drizzle of garlic-infused oil.

veggie delight. R 120

Slices of toast decked with grilled aubergine, slices of tomato, peppers, spinach & caramelized onions.

# Drinks

coffee.

	regular	large
Espresso	R 27	R 30
Cortado	R 30	R 35
Americano	R 35	R 40
Cappuccino / Flat White	R 40	R 45
Café Latte / Chai Latte		R 50
Dirty Chai		R 60
Hot Chocolate / Mochaccino		R 50
+ Red Espresso / Decaf	R 15	
+ Plant-based milk	R 15	

teas. R 35

Rooibos / Ceylon / Earl Grey

home-made. R 50

Iced Coffee / Rooibos (with honey & lemon) /  
Fresh Red  
sodas.

Coke / Coke 0 / Sprite / Fanta / Cream Soda	R 35
Appletizer / Red Grapetizer / Ice Tea	R 45

fresh juices. R 65

Apple / Apple & Carrot / Green / OJ (in season)

milkshakes. R 65

Strawberry / Chocolate / Peanut Butter / Coffee  
Blueberry & buttermilk / Vanilla / Banana

smoothies / crushers. R 65

Strawberry / Mixed Berry / Blueberry / Banana /  
Peanut Butter & Banana

All our milkshakes, smoothies & crushers are made with real fruit. May contain banana and/or honey. Smoothies & crushers can be made to be vegan friendly.

If toast is specified, you have a choice of white or brown. We try to remove the bones from all dishes, but small bones may remain. Please inform us of any dietary restrictions. 10% gratuity added on groups of 8 or more. MORE SERVICES:  
FREEZER MEALS | FUNCTIONS | CATERING | CORPORATE LUNCHES

# Wines

## house wine.

	glass	bottle
Dry White Blend	R 55	R 140
Red Blend	R 60	R 185

## white wine.

<b>Cape Atlantic Sauvignon Blanc</b>	<b>R 130</b>
Aromas of tropical fruit with grassy notes coming through. A crisp white with lingering fruit flavours.	
<b>Zevenwacht Bouquet - off-dry</b>	<b>R 150</b>
A perfumed nose with aromas of rose petal, litchi & peaches. A complex & semi-sweet wine.	
<b>False Bay Chenin Blanc</b>	<b>R 125</b>
A fresh, soft & crisp wine. The nose has prominent hints of stone fruits and hints of honey.	
<b>Creation Sauvignon Blanc</b>	<b>R 245</b>
Tropical fruit, follows through to the full-bodied palate with crisp, well-integrated acidity.	

## rosé wine

<b>Stettyn Chardonnay / Pinot Noir</b>	<b>R 160</b>
Aromas of tropical fruit with grassy notes coming through. A crisp white with lingering fruit flavours.	
<b>HPF Bloos</b>	<b>R 210</b>
A complex & aromatic semi-sweet wine with aromas of rose petal, litchi & peaches..	

## red wine.

<b>Zevenwacht 7Even Rood</b>	<b>R 160</b>
A red blend with a plush & juicy dark berry, and spice palate.	
<b>Stettyn Merlot</b>	<b>R 160</b>
A medium-bodied, dry red wine with bright notes of strawberry, raspberry, and red plum.	
<b>False Bay Syrah</b>	<b>R 130</b>
The wine offers prominent dark fruit & spiced aromatics.	
<b>Paul Cluver Village</b>	<b>R 245</b>
Silky, elegant, & medium-bodied with flavors of cherry, plums, and cranberry.	

## sparkling wines.

<b>Stettyn Babelki</b>	<b>R 210</b>
A vibrant, salmon-pink sparkling rosé. Fresh, crisp green apple, floral notes, and hints of almond.	
<b>Domain Des Dieux Claudia</b>	<b>R 350</b>
Displays notes of crisp apple, creamy lemon curd, and perfumed red berries.	
<b>Charles Fox Brut Reserve</b>	<b>R 280</b>
Combines fresh fruit flavors like pear and apple with rich notes of nuts and honey.	
<b>Bottega Prosecco</b>	<b>R 245</b>
Fresh, delicate, and well-balanced, with notes of green apple, pear, & citrus zest.	



A bottle of sparkling wine & a carafe of orange juice.

**R 240**



## locally crafted beer

<b>Birkenhead</b>	<b>R 50</b>
<ul style="list-style-type: none"><li>• Lazy Leopard Lager</li><li>• Pot Belly Pilsner</li><li>• Weiss</li><li>• Chocolate Stout</li></ul>	
<b>Old Harbour Lager</b>	<b>R 50</b>
<b>Cluver &amp; Jack</b>	<b>R 50</b>

## old favourites

<b>Fokof Lager</b>	<b>R 35</b>
<b>Tafel Lager</b>	<b>R 30</b>
<b>Windhoek Lager</b>	<b>R 35</b>