

# All-Day Breakfast

build-your-own.

Omelette or two eggs with two slices of toast R 55

+ bacon / avo R 30 /portion

+ beef sausages R 35 /portion

+ mushrooms / spinach / cheddar / sliced tomatoes / feta / caramelized onions / sun-dried tomatoes / jalapeños / baby tomatoes / cream cheese / hash brown R 25 /portion

hashbrowns.

**Hashbrown Breakfast R 95**

A tower of two crispy hash browns with caramelized onion, two rashers of bacon & a poached egg.

**Hashbrown Supreme R 150**

Crispy hash browns topped with smoked trout, two poached eggs, fresh avocado, and a dollop of sour cream.

**avo breakfast. R 100**

Two slices of toasted ciabatta topped with creamy avocado, grilled tomatoes, poached eggs, and fresh baby spinach, all drizzled with garlic-infused oil.

**apple-cinnamon oats. R 90**

Warm cinnamon oats, topped with a sweet maple apple compote & sprinkled with toasted almonds.

**veg stacker.  R 110**

a selection of grilled vegetables, served with avocado.

+ poached egg / slice of toast R 15

custom omelettes.

**Veg Omelette R 105**

Two egg omelette stuffed with veggies of the day & a choice of cheddar, cream cheese or feta.

**Trout Omelette R 150**

A two egg omelette filled with smoked trout & cream cheese. Served with two slices of toast.

our benedicts.

**CanD's R 125**

Toasted ciabatta topped with bacon, grilled tomatoes & two poached eggs. Smothered with freshly-made hollandaise sauce.

**Royal R 150**

Ciabatta topped with smoked trout, two poached eggs & our famous hollandaise sauce.

**burrito. R 130**

Bacon, cheesy chilli scrambled eggs, roasted cherry tomatoes and mushrooms wrapped in a grilled flour tortilla. Switch to spinach as a vegetarian option.

**b.e.c open sandwich. R 130**

Two slices of toast topped with four rashers of crispy bacon, cheddar cheese & two fried eggs.

croissants.

Plain R 50

Jam & Cheese R 75

Nutella R 75

Scrambled eggs & bacon R 95

Scrambled eggs, tomato & spinach R 95

pancakes.

Bacon, mushroom & cheddar R 70

Chicken mayo R 70

Spinach, feta & mushroom R 70

Bacon & banana R 65

Nutella R 55

Classic cinnamon pancakes (2) R 35

Wi-Fi Password:

FoodMadeWithLove

Choose between white or brown toast, or substitute with grilled aubergine, baby marrows, or tomatoes for a gluten-free option. Eggs are available fried, poached, or scrambled. Please inform us of any dietary requirements. Meals are prepared in a kitchen that uses nuts and seeds. A 10% gratuity applies to tables of 8 or more.

# Lunch

served from 11:00

## toasted sandwiches.

Chicken mayo	R 90
Cheddar & tomato	R 70
Cheddar & bacon	R 80
Bacon, cheddar & egg	R 90

## bakes & salads.

Quiche / Chicken Pie	R 55
Spanakopita	R 40
Side Chips	R 40
Bowl of Chips	R 50
Salads	
<b>S</b> R 40	
<b>M</b> R 55	
<b>L</b> R 70	

Green / Greek / Asian Coleslaw / Mayo Coleslaw / Spinach, sun-dried tomato & seeds

## bacon & cheese burger. R 170

A hand-made beef patty, topped with bacon, melted cheddar cheese & BBQ sauce on a bed of mixed leaves, tomato & red onion. Served with hand-cut chips.

## fish & chips. R 135

Beer-battered hake served with tar-tare sauce and a lemon wedge. Served with hand-cut chips.

## chicken & avo salad. R 115

A generous green salad topped with grilled chicken and avo. Served with our red wine vinaigrette.

## vegan burger. R 110

Burger topped with grilled baby marrow & aubergine on a artisanal bun with sun-dried tomatoes, baby spinach & red onion. Served with hand-cut chips.

## trout supreme. R 165

A open sandwich topped with cream cheese, slices of smoked trout, cucumber & avocado. Finished off with a drizzle of garlic-infused oil.

## veggie delight. R 130

Slices of toast decked with grilled aubergine, slices of tomato, peppers, spinach & caramelized onions.

# Drinks

## coffee.

	regular	large
Espresso	R 27	R 30
Cortado	R 30	R 35
Americano	R 35	R 40
Cappuccino / Flat White	R 40	R 45
Café Latte / Chai Latte		R 50
Dirty Chai		R 60
Hot Chocolate / Mochaccino		R 50
+ Red Espresso / Decaf	R 15	
+ Plant-based milk	R 15	

## teas. R 35

Rooibos / Ceylon / Earl Grey

## home-made. R 50

Iced Coffee / Rooibos (with honey & lemon) / Fresh Red

## sodas.

Coke / Coke 0 / Sprite / Fanta / Cream Soda	R 35
Appletizer / Red Grapetizer / Ice Tea	R 45

## fresh juices. R 65

Apple / Apple & Carrot / Green / OJ

## milkshakes. R 65

Strawberry / Chocolate / Peanut Butter / Coffee Blueberry & buttermilk / Vanilla / Banana

## smoothies / crushers. R 65

Strawberry / Mixed Berry / Blueberry / Banana / Peanut Butter & Banana

All our milkshakes, smoothies & crushers are made with real fruit.  
May contain banana and/or honey.  
Smoothies & crushers can be made to be vegan friendly.

If toast is specified, you have a choice of white or brown. We try to remove the bones from all dishes, but small bones may remain. Please inform us of any dietary restrictions. 10% gratuity added on groups of 8 or more. MORE SERVICES: FREEZER MEALS | FUNCTIONS | CATERING | CORPORATE LUNCHES